

## 2009 Crossroads Annual Report

### The Crossroads

Number Served: 46 women  
 32 children in housing  
 16 children with services only

Ethnic Breakdown: 30% Hispanic  
 40% Anglo  
 24% Native American  
 4% African American  
 2% Asian

Age: 18-30 11%  
 31-50 83%  
 Over 50 4%

Admitted From: Streets/Car 15%  
 Maya's Place 46%  
 Jail/Prison 4%  
 Shelter 24%

Length in Crossroads Treatment  
 Of those admitted 7 months or more, 85% stayed in the program 7 months or more;  
 Of those admitted 12 months or more, 97% stayed in the program 12 months or more

Employment:  
 80% employed or in school three months or more  
 15% on social security disability

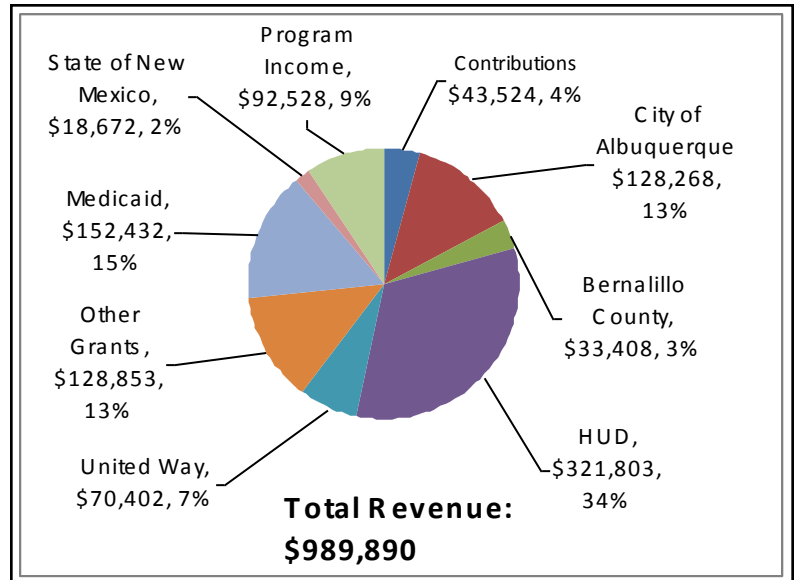
### Maya's Place

Number Served: 52 women

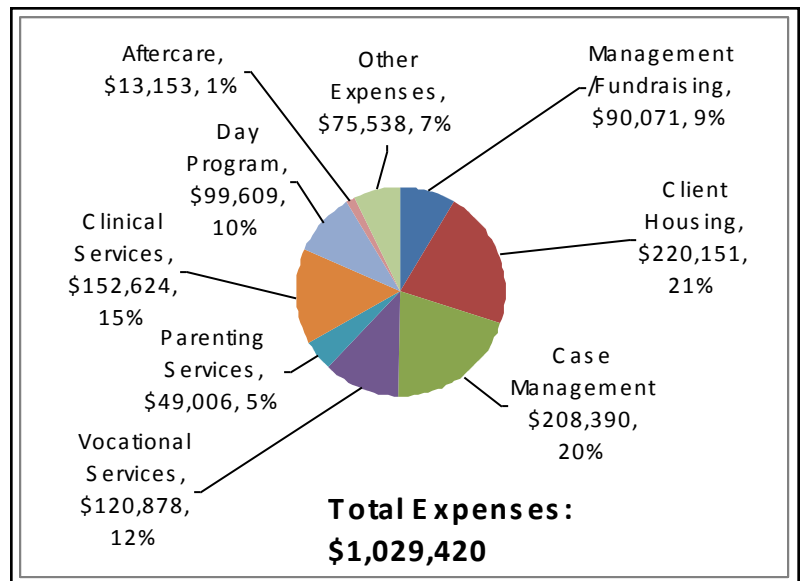
Ethnic Breakdown: 50% Hispanic  
 19% Anglo  
 21% Native American  
 8% African American  
 2% Asian

Age: 18-30 21%  
 31-50 69%  
 Over 50 10%

### Revenue



### Expenses



*We appreciate your help.  
 As a cost saving measure, we have not included a remittance envelope. If you would like to make a credit card donation, please go to our website, [www.crossroadsabq.org](http://www.crossroadsabq.org) or call our office at 242-1010*

## Crossroads Clients Succeed Against All Odds

Sandra, a gutsy woman in her early 50's has been in recovery for over 2 years. She describes herself as "salty" and she doesn't mince her words. Despite a strong family background, Sandra spent most of her adult life addicted to heroine and living on the street.



While Sandra was at Crossroads she made major headway with her life goals. She became a student at CNM while maintaining stable housing and part time employment for over 2 years. Then, just one month prior to her graduation from Crossroads, Sandra was diagnosed with breast cancer. She was angry. She felt "pushed back to square one, this time dealing with

two recoveries instead of one." She thought, "I've done all this work for the past two years...why me, why now?"

Sandra started chemotherapy and went "a little crazy." She said, "the treatment was worse than the disease but after chemo ended I calmed down a lot and with the calmness came acceptance." She realized she had to pull herself out of that "square one perspective and deal with life on life's terms."

Sandra's diagnosis has shaped the way she thinks about her life as well as her addiction. She is not glad about her recent struggle with cancer but she sees it as a life changing experience. She says, "I see things more clearly than I ever did before. I'm happy that I'm calm and I'm grateful for my family and friends in a new way."

About the recovery work she did with Crossroads Sandra says, "I'm glad I'm done. I'm grateful that I had that time to learn how to look into myself but, it's hard work to look at your self in the mirror like that. I know that as long as I implement the tools I've learned I won't find myself in that position again."

Sandra is quick to tell you that breast cancer has an 88% survival rate and she's optimistic about her own ability to beat her disease. When she thinks about the future she wonders, "how much energy am I going to have? Will I go back to school?" She believes, though, that if she just continues to "roll with the punches things will happen the way they are supposed to happen."

It wasn't too long ago that Marcy was working and living in a nice home with her boyfriend and 4 young girls. All that changed when her boyfriend went to prison. Marcy could no longer afford their home and struggled to take care of her children. A friend introduced her to meth. The deeper she moved into her addiction, the more her former life eroded. She lost her home and then her children. Homeless at 25, Marcy sent each of her daughters to live with a different family and Marcy began to sell drugs to support her habit. She picked up her first felony charge and began a 5 year cycle of living in and out of jail.

Marcy felt relief when she was arrested on her final charge. She was tired of that life. She spent one year in jail and applied to Maya's Place. She says, "I spent two months praying that I would get accepted into Maya's. I knew that if I was released to the streets I would return to my old lifestyle." She says her time at Mayas "helped me get through the anxiety of a life suddenly full of responsibilities."

Marcy transitioned into Crossroads. She says she felt safe with the Crossroads' staff which acts as a "big team." "They're all there for us.



Everybody pulls together if there's a problem. There's no problem that goes unfixed." She began working at the Crossroads Bazaar. "I hadn't worked in so long. I felt discouraged when it came to working a job. The store gave me the nerve to go back to school and look for a job." Marcy now works part-time and is a student at CNM pursuing a long time interest in mortuary science.

In the past two years Marcy has made amazing gains. Not only is she turning her vocational dream into a reality but she's maintained sobriety and stable housing. Marcy regained custody of her daughters with whom she lives now. About having her kids back she says, "This is the way it's supposed to be. It's a good feeling." Her hope for the future is that she "stays strong." "I want to set a good example for my kids to pursue college. I want them to achieve their dreams."